

IMPLICIT ASSOCIATION TEST | INSTRUCTIONS

Prior to attending the CQ® *Your Bias* Workshop, please complete the Implicit Association Test (IAT), an online research-based tool to develop your awareness of implicit preferences and stereotypes. We will spend time discussing your results and debriefing during the workshop.

Please follow the steps below to access and complete the IAT online:

STEP 1

- Go to <https://implicit.harvard.edu/implicit/selectatest.html>

STEP 2

- Under “Project Implicit Social Attitudes,” enter your email address and login as a guest.

STEP 3

- Once logged in, you will be sent to the “Preliminary Information” page. Please read the disclaimer, scroll to the bottom of the page, and click “I wish to proceed.”

STEP 4

- There are several versions of the test available (e.g., race, age, religion, weight, etc.). You are free to choose which tests you would like to take and can complete as many as you like. However, **we strongly encourage you to take at least two different tests**. Each requires no more than 10 minutes to complete.

STEP 5

- When finished, you will receive your results as well as more information about the test and the performance of others. You will also have the opportunity to go back and take another test.

STEP 6

- **Please bring a printed copy of your results with you** to the CQ® *Your Bias* Workshop.

If you encounter any problems accessing the IAT or your results, please refer to the IAT help page at <https://implicit.harvard.edu/implicit/help.html>